

# BASIC MANAGEMENT OF EMERGENCIES

## CHECKLIST: RIP/ABCDEF

REMAIN CALM

### RECOGNITION

#### START HERE – STEP 1

**NOTE:** Immediate treatment improves chance of survival!



- RECOGNIZE:**
  - Recognize the patient is in distress
  - REACT by taking positive control and action
- IMPLEMENT:**
  - Verbally declare, "Implement the Emergency Response Plan and call 911"
  - Verbally call for the appropriate Quick Reference Checklist
- POSITION:**
  - Position the patient as appropriate for the type of emergency
- Airway: Assess the patient's airway. If it is...**
  - Obstructed - perform HEAD TILT-CHIN LIFT JAW THRUST
  - Verbally call for and use airway adjuncts (OPA or NPA), if required
  - Reposition the patient, if required
- Breathing: Assess the patient's breathing. If the patient is...**
  - NOT breathing (or struggling to breathe) - initiate positive pressure ventilation with BVM
  - Breathing - apply 100% oxygen
- Circulation: Check the patient's pulse. If the patient has...**
  - NO PULSE - implement High Quality CPR (Chest compressions) & confirm 911 has been called
  - A pulse - Monitor heart rate & blood pressure
  - Record vital signs (at a minimum of every 5 minutes)
- Defibrillator:**
  - Verbally call for the AED to be brought chair-side
  - Verbally call for and begin definitive AED treatment, if required
- Emergency Drug/Equipment/Response Plan:**
  - Verbally call for the emergency drug kit to be brought chair-side
  - Verbally call for any required emergency equipment
  - Verbally ensure the ERP has been activated
- Facilitate & Follow up:**
  - Double-check all accomplished treatment steps with the appropriate Quick Reference Checklist & facilitate the next steps in the treatment algorithm
  - Follow up on the patient. Know their location (if transported by EMS) & their condition